



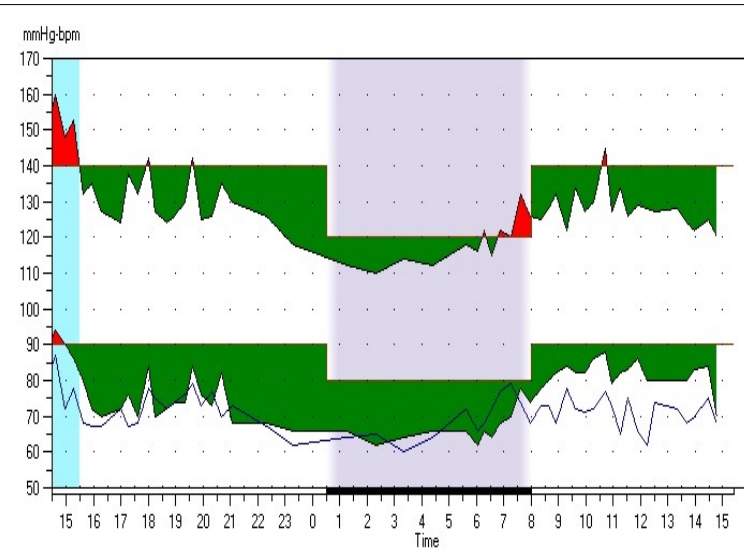
AMBULATORY BLOOD PRESSURE REPORT

University Hospital Cardio Lab
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Patient Name: John Smith

Patient ID: 001-00-0000

Test Date: 26-Aug-2005



| Overall | 14:30-14:47 (24:17) | Samples: 53 | |
|-------------------|----------------------|-------------|-----|
| | Sys | Dia | HR |
| Mean (mmHg-bpm) | 128 | 76 | 71 |
| Std.Dev. (+/-) | 10.5 | 8.2 | 5.5 |
| BP Load (%) | 21 | 4 | - |
| Asleep Dip (%) | 10.0 | 15.1 | - |
| Awake Period | 08:00-00:30 | Samples: 41 | |
| | Sys | Dia | HR |
| Mean (mmHg-bpm) | 131 | 79 | 72 |
| Std.Dev. (+/-) | 9.6 | 6.9 | 5.3 |
| BP Load (%) | 17 | 5 | - |
| Asleep Period | 00:30-08:00 | Samples: 12 | |
| | Sys | Dia | HR |
| Mean (mmHg-bpm) | 118 | 67 | 69 |
| Std.Dev. (+/-) | 6.5 | 4.8 | 5.8 |
| BP Load (%) | 33 | 0 | - |
| White Coat Period | 1st Hr (14:30-15:30) | Samples: 4 | |
| | Sys | Dia | HR |
| Max (mmHg-bpm) | 160 | 94 | 87 |
| Mean (mmHg-bpm) | 154 | 90 | 80 |
| BP Load (%) | 100 | 50 | - |

Interpretive Summary:

Based upon JNC 7 and AHA recommendations, the ABPM data suggests

- Normal 24 hour SYS and DIA pressure (128/76 mmHg)
- Normal awake SYS and DIA pressure (131/79 mmHg)
- Normal asleep SYS and DIA pressure (118/67 mmHg)

1st hour max (160/94 mmHg) and available literature suggest white coat syndrome.

Asleep dip is 10.0% SYS and 15.1% DIA, Dipper (normal)

Current Medications

Patient is not currently on anti-hypertensive medication.
10mg daily - Atorvastatin Calcium for high cholesterol.
4mg daily - Montelukast Sodium for asthma
Ibuprofen tablets as needed for osteoarthritis.

Physician Interpretation

Patient exhibits symptoms consistent with white coat hypertension. Suggest lifestyle and diet changes to resist development of hypertension. An ABPM study should be repeated in 6 months.

Referring physician: Dr. White

Interpreting physician: Dr. Green

Signature

Date

Signature

Date